



2023-2024 PROGRAM

CARDEL HOMES



Celebrating 50 years of building homes and communities

LEARN MORE

HOME



REGISTRATION

PROGRAMS

PLAYSCHOOL

SCIENCE & SPORTS

ARENA PROGRAMS

HOME SCHOOL



REGISTRATION

Program registration can be taken either in person at Guest Services or over the phone by calling **403-201-8652**.

To register online or find out more information, visit www.cardelrecreation.intellionline.ca.

PAYMENT

Full payment must be made at the time of registration.

Online/Phone: Mastercard or Visa

In Person: Mastercard, Visa, Cash, Debit or Cheque

PROGRAM CANCELLATION

Cardel Rec South programs are subject to being combined and/or cancelled if registration does not meet minimum participant requirements. Every effort will be made to transfer affected registrants to a suitable alternate program. If a class is cancelled, a credit will be applied to your account, or a refund will be processed if requested.

PROGRAM WITHDRAWAL

Seven days or more prior to the start of a program - a full refund will be processed.

Less than six days - withdrawal requests will be processed minus a \$10.00 cancellation/withdrawal fee per activity, with the program fee applied as a credit to your account.

24 hours before or after a program start date - withdrawals will be subject to a full cost of a program. No refunds or withdrawals will be processed unless accompanied by a doctor's note. This must be approved by the Program Coordinator.

Medical withdrawal - a doctor's note must be provided within two weeks of request.

SUBSIDY

The City of Calgary Fee assistance program will only be available to use on Cardel Rec South programs. They cannot be used for third-party programs such as Engineering for Kids, Little Medical School, Sportball, Young Rembrandts and Launchpad Learning.

Kidsport and Jumpstart funding is available.

Please visit www.kidsportcanada.ca or www.jumpstart.canadiantire.ca for more information.



Jumpstart
Bon départ



HOME

ART SAMPLER

Participants in this class will be encouraged to reveal their unique artistic abilities as they explore a variety of art mediums. Experiment with drawing, painting, clay and more! Basic fundamentals of art will be taught, with the opportunity for individual self-expression and imagination. All supplies are included. Dress to get messy!

6-9 YRS

WEDNESDAYS 4:30 pm – 6:00 pm		
7 WEEKS \$121 (residents) \$133 (public)	Sept 13 to Oct 25	Course # 2363
	Nov 08 to Dec 20	Course # 2364
	Jan 10 to Feb 21	Course # 2365
8 WEEKS* \$138 (residents) \$152 (public)	Mar 06 to Apr 17	Course # 2366
	May 01 to Jun 19*	Course # 2367

10-13 YRS

WEDNESDAYS 6:15 pm – 7:45 pm		
7 WEEKS \$121 (residents) \$133 (public)	Sept 13 to Oct 26	Course # 2368
	Nov 08 to Dec 20	Course # 2369
	Jan 10 to Feb 21	Course # 2370
8 WEEKS* \$138 (residents) \$152 (public)	Mar 06 to Apr 17	Course # 2371
	May 01 to Jun 19*	Course # 2372

INTRODUCTORY DANCE

For those energetic and curious children, we combine jazz, ballet, hip hop and much more in this introductory dance class. Our qualified instructor will introduce your child to the world of dance using games, popular music and fun dance combinations.

5-8 YRS

FRIDAYS 2:30 pm – 3:15 pm		
7 WEEKS \$64 (residents) \$70 (public)	Sept 08 to Oct 20	Course # 2373
	Nov 03 to Dec 15	Course # 2374
	Jan 12 to Feb 23	Course # 2375
	Mar 08 to Apr 26	Course # 2376
	May 10 to Jun 21	Course # 2377

8-12 YRS

FRIDAYS 3:20 pm – 4:05 pm		
	Sept 08 to Oct 20	Course # 2394
	Nov 03 to Dec 15	Course # 2395
	Jan 12 to Feb 23	Course # 2396
7 WEEKS \$64 (residents) \$70 (public)	Mar 08 to Apr 26	Course # 2397
	May 10 to Jun 21	Course # 2398

YOUTH BADMINTON

Whether you are just getting started or have played in the past, this class is for you. Classes will feature an introduction of rules, racquet and shot development, as well as strategic playing. Each class allows participants to put their practice into action through game play. Racquets are available, but participants are welcome to bring their own. Shuttles will be provided.

8 -12 YRS

SUNDAYS 12:00 am – 1:00 pm		
7 WEEKS \$78 (residents) \$84 (public)	Sept 10 to Oct 29	Course # 2399
	Nov 05 to Dec 17*	Course # 2400
	Jan 07 to Feb 25	Course # 2401
*6 WEEKS \$67 (residents) \$72 (public)	Mar 10 to Apr 28	Course # 2402
	May 05 to Jun 23	Course # 2403

12-15 YRS

SUNDAYS 1:05 pm – 2:05 pm		
7 WEEKS \$78 (residents) \$84 (public)	Sept 10 to Oct 29	Course #2404
	Nov 05 to Dec 17*	Course # 2405
	Jan 07 to Feb 25	Course # 2406
*6 WEEKS \$67 (residents) \$72 (public)	Mar 10 to Apr 28	Course # 2407
	May 05 to Jun 23	Course # 2408

ADULT BADMINTON DROP-IN

Shuttles provided. Participants must bring their own racquets.

16+ YRS

SUNDAYS 2:10 pm – 3:30 pm		Sept 10 to Oct 29
		Nov 05 to Dec 17
		Jan 07 to Feb 25
		Mar 10 to Apr 28
Drop In price \$5		May 05 to Jun 23



BASKETBALL DROP-IN

Grab your buddies and come for a few shots or gather enough people for a pickup game!

8-12 YRS

SUNDAYS 5:30 pm – 7:00 pm		Sept 10 to Oct 29
		Nov 05 to Dec 17
		Jan 07 to Feb 25
		Mar 10 to Apr 28
Drop In price \$5		May 05 to Jun 23



16+ YRS

SUNDAYS 7:00 pm – 8:30 pm		Sept 10 to Oct 29
		Nov 05 to Dec 17
		Jan 07 to Feb 25
		Mar 10 to Apr 28
Drop In price \$5		May 05 to Jun 23

YOUNG REMBRANDTS – LEARN TO DRAW

Help your children tap into their artistic side and discover the fun and creativity in drawing! They will gain confidence through step-by-step drawing classes that will build their art vocabulary and expand their skill set, taking a blank page and creating a masterpiece ready for framing! We'll explore a fun new theme in every class. Don't miss out! Enroll now.

6-12 YRS

THURSDAYS 6:00 pm – 7:00 pm		Sept 14 to Oct 26	Course # 2413
		Nov 09 to Dec 21	Course # 2414
		Jan 11 to Feb 22	Course # 2415
7 WEEKS \$120		Mar 07 to Apr 18	Course # 2416
8 WEEKS \$137		May 02 to Jun 20	Course # 2417

AIKIDO

Aikido is a non-competitive traditional Japanese martial art. Students work in partners or small groups, taking advantage of a nurturing yet challenging learning environment. Advancement is through a coloured belt ranking system beginning with yellow belt, moving toward black belt. Course objectives include: demonstrating respect, having good manners, showing discipline and having fun.

NOTE: New students will have the opportunity to move through the Big Rock Aikikai coloured belt ranking system. Tests cost \$40/each. Uniforms are available from the instructor (price varies based on size). Loose-fitting, comfortable clothing can be worn until a uniform is purchased.

***If less than 25 participants (total) register for any given session, the two classes will be merged into one running on the following schedule: Wed 7:30-8:30pm / Sat 8:45-9:45am. All participants will be informed of this class merger at least one week prior to the start of class.

CHILDREN'S AIKIDO

6-8 YRS

WEDNESDAYS 7:15 pm – 8:00 pm		
SATURDAYS 8:15 am – 9:00 am	Sept 06 to Dec 20	Course # 2409
	Jan 06 to Jun 22	Course # 2410
15 WEEKS (29 classes) \$220 (residents) \$230 (public)	25 WEEKS (46 classes) \$350.00 (residents) \$365.00 (public)	

YOUTH AIKIDO

9-11 YRS

WEDNESDAYS 8:00 pm – 8:45 pm		
SATURDAYS 9:00 am – 9:45 am	Sept 06 to Dec 20	Course # 2411
	Jan 06 to Jun 22	Course # 2412
15 WEEKS (29 classes) \$220 (residents) \$230 (public)	25 WEEKS (46 classes) \$350.00 (residents) \$365.00 (public)	

YOUNG REMBRANDTS – CARTOON DRAWING

6-12 YRS

THURSDAYS 7:15 pm – 8:15 pm		Sept 14 to Oct 26	Course # 2418
		Nov 09 to Dec 21	Course # 2419
7 WEEKS \$120		Jan 11 to Feb 22	Course # 2420
*8 WEEKS \$137		Mar 07 to Apr 18	Course # 2421
		May 02 to Jun 20	Course # 2422*



CREATE & GROW PLAYSCHOOL (PARENTED)

Join your preschoolers as they tap into their amazing creative and learning potential. Our experienced instructor will lead you both through structured activities such as crafts, stories, songs and games. Each class also includes unstructured playtime, with the opportunity for scheduled “special activities” such as gym time and/or kitchen time.

Watch your child’s creativity grow, and their imaginations take flight - right before your eyes!

2-3 YRS

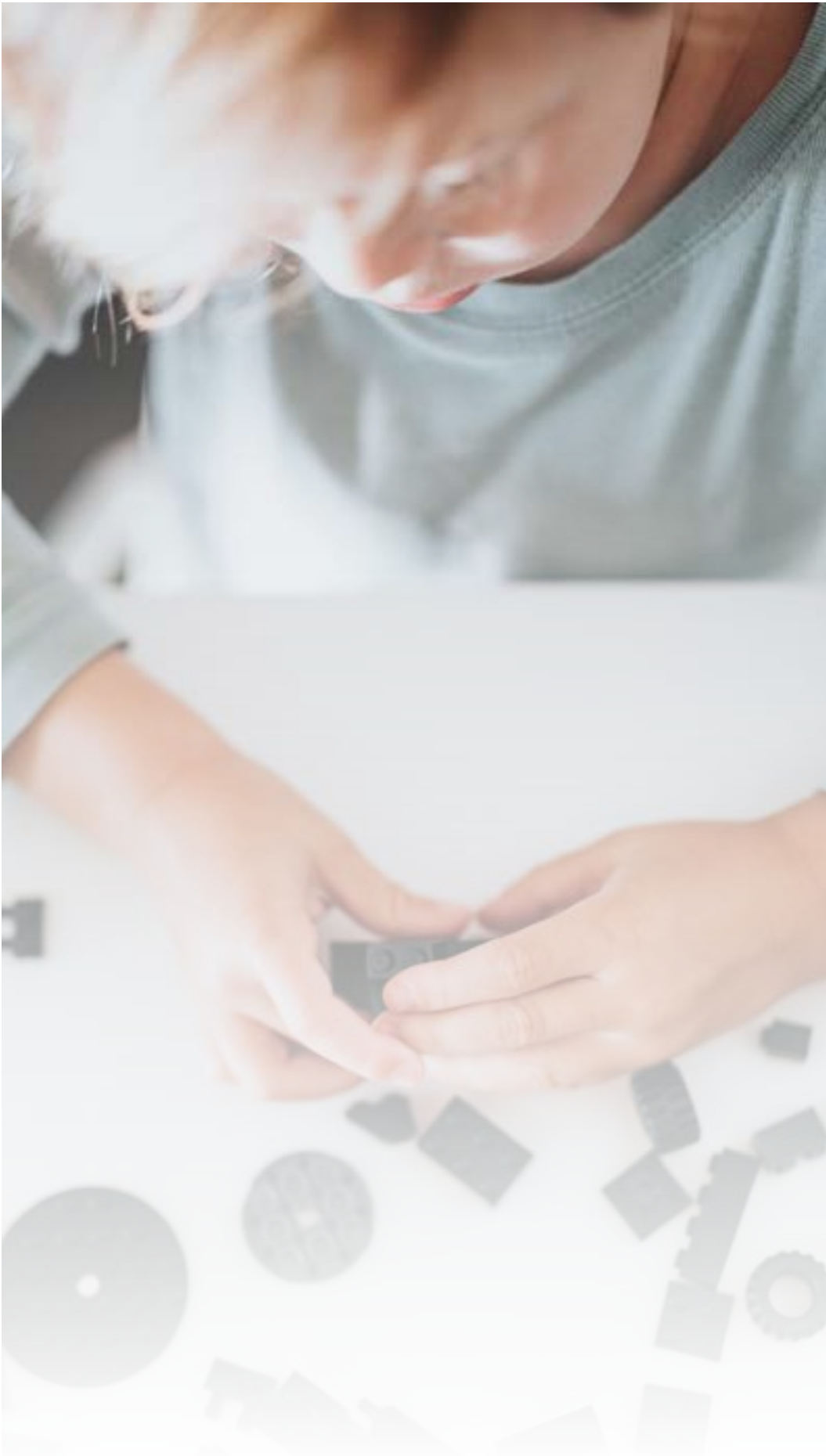
MONDAYS 9:15 am – 10:45 am		
7 WEEKS \$110 (residents) \$120 (public)	Sept 11 to Oct 30	Course # 2423
	Nov 06 to Dec 18*	Course # 2424
	Jan 08 to Feb 26	Course # 2425
*6 WEEKS \$94 (residents) \$103 (public)	Mar 11 to Apr 22	Course # 2426
	May 06 to Jun 24	Course # 2427

TINY TUMBLERS GYMNASTICS (PARENTED)

Join your little ones as they learn the fundamentals of gymnastics in a fun, safe environment. Every Tiny Tumbler should be dressed for activity. Learn to summer-sault, balance, headstand and more through fun, challenging obstacle courses!

3-5 YRS + a parent

SATURDAYS 12:15 pm – 1:00 pm		
7 WEEKS \$64 (residents) \$70 (public)	Sept 09 to Oct 28	Course # 2428
	Nov 04 to Dec 17*	Course # 2429
	Jan 06 to Feb 24	Course # 2430
*6 WEEKS \$55 (residents) \$60 (public)	Mar 09 to Apr 27	Course # 2431
	May 04 to Jun 22	Course # 2432



ALL GROWN UP PLAYSCHOOL (NO PARENT)

Now that your child is “All Grown Up,” let them join in this unparented playschool program. They will be encouraged to grow further and find their expressive voice through imaginative play, songs, stories, games, learning activities and gym time. This 3-hour program includes the addition of some pre-kindergarten learning in science, language skills, counting and more! Your child will leave this program with increased self-confidence and independence – ready to enter into the world of kindergarten! **Participants must be fully potty-trained.**

4-5 YRS

TUESDAYS 9:00 am – 11:30 am		
7 WEEKS \$180 (residents) \$200 (public)	Sept 12 to Oct 2	Course # 2433
	Nov 07 to Dec 19	Course # 2434
	Jan 09 to Feb 20	Course # 2435
*8 WEEKS \$206 (residents) \$229 (public)	Mar 05 to Apr 16	Course # 2436
	Apr 30 to Jun 18*	Course # 2437

4-5 YRS

THURSDAYS 9:00 am – 11:30 am		
7 WEEKS \$180 (residents) \$200 (public)	Sept 14 to Oct 26	Course # 2438
	Nov 09 to Dec 21	Course # 2439
	Jan 11 to Feb 22	Course # 2440
*8 WEEKS \$194 (residents) \$214 (public)	Mar 07 to Apr 18	Course # 2441
	May 02 to Jun 20*	Course # 2442

4-5 YRS

TUESDAY + THURSDAYS 9:00 am – 11:30 am		
7 WEEKS \$360 (residents) \$400 (public)	Sept 12 to Oct 26	Course # 2443
	Nov 07 to Dec 21	Course # 2444
	Jan 09 to Feb 22	Course # 2445
*8 WEEKS \$211 (residents) \$457 (public)	Mar 05 to Apr 18	Course # 2446
	Apr 30 to Jun 20*	Course # 2447

PINT-SIZED SCIENTISTS

Does your child have an interest in science? Come join us in our science program for your preschooler. Your “pint-sized scientist” will take part in games, mini science experiments, crafts and much more. This is an unparented program, and all participants attending MUST be fully potty-trained.

3-5 YRS

SATURDAYS 12:30 pm – 2:00 pm		
7 WEEKS \$128 (residents) \$140 (public)	Oct 28 to Dec 16	Course # 2448
	Mar 09 to Apr 27	Course # 2449

PRESCHOOL DANCE

Join us in our introductory preschool dance class. Our qualified instructor will introduce your tiny dancer to the world of dance through rhythmic and clapping games, use of props and fun energetic music! Your child will be introduced to simple choreography to unveil the dancer within. Participants must be fully potty-trained.

3-5 YRS

FRIDAYS 1:45 pm – 2:30 pm	Sept 08 to Oct 20	Course # 2450
	Nov 03 to Dec 15	Course # 2451
	Jan 12 to Feb 23	Course # 2452
7 WEEKS \$64 (residents) \$70 (public)	Mar 08 to Apr 26	Course # 2453
	May 10 to Jun 21	Course # 2454

YOUNG REMBRANDTS – LEARN TO DRAW

The Young Rembrandts preschool program is specifically designed with the needs of our youngest learners in mind. We use subjects they’re familiar with, such as animals and toys, to make sure our classes are fun and engaging. Participating in Young Rembrandts’ creative and encouraging classes helps our young children learn to follow directions, hold and use a pencil, and stay on task.

3.5-5 YRS

THURSDAYS 5:00 pm – 5:45 pm		
7 WEEKS \$120	Sept 14 to Oct 26	Course # 2455
	Nov 09 to Dec 21	Course # 2456
	Jan 11 to Feb 22	Course # 2457
*8 WEEKS \$137	Mar 07 to Apr 18	Course # 2458
	May 02 to Jun 20*	Course # 2459

SPORTBALL MULTI-SPORT

(PARENTED)

Sportball parent and child programs help preschoolers refine their motor skills, such as balance and coordination, as well as develop their social skills, such as confidence, following instructions, turn-taking and sharing. Coaches from www.sportball.ca/calgary introduce a different sport in each class using developmentally appropriate games and activities.

18 MOS - 3 YRS + a parent

SATURDAYS 9:00 am – 9:40 am	Sept 09 to Oct 28	Course # 2460
	Nov 04 to Dec 16*	Course # 2461
7 WEEKS \$150	Jan 06 to Feb 24	Course # 2462
6 WEEKS* \$128	Mar 09 to Apr 27	Course # 2463
	May 04 to Jun 22	Course # 2464

16 MOS - 2 YRS + a parent

SUNDAYS 9:00 am – 9:40 am	Sept 10 to Oct 29	Course # 2465
	Nov 05 to Dec 17*	Course # 2466
7 WEEKS \$150	Jan 07 to Feb 25	Course # 2467
6 WEEKS* \$128	Mar 10 to Apr 28	Course # 2468
	May 05 to Jun 23	Course # 2469

2-3 YRS + a parent

SUNDAYS 9:45 am – 10:25 am	Sept 10 to Oct 29	Course # 2470
	Nov 05 to Dec 17*	Course # 2471
7 WEEKS \$150	Jan 07 to Feb 25	Course # 2472
6 WEEKS* \$128	Mar 10 to Apr 28	Course # 2473
	May 05 to Jun 23	Course # 2474

SPORTBALL MULTI-SPORT

(NO PARENT)

Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches from www.sportball.ca/calgary focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

3-5 YRS

SATURDAYS 9:45 am – 10:40 am	Sept 09 to Oct 28	Course # 2475
	Nov 04 to Dec 16*	Course # 2476
7 WEEKS \$150	Jan 06 to Feb 24	Course # 2477
6 WEEKS* \$128	Mar 09 to Apr 27	Course # 2478
	May 04 to Jun 22	Course # 2479

3-5 YRS

SUNDAYS 10:30 am – 11:25 am	Sept 10 to Oct 29	Course # 2480
	Nov 05 to Dec 17*	Course # 2481
7 WEEKS \$150	Jan 07 to Feb 25	Course # 2482
6 WEEKS* \$128	Mar 10 to Apr 28	Course # 2483
	May 05 to Jun 23	Course # 2484

SPORTBALL FLOOR HOCKEY

(NO PARENT)

The ball drops here! Sportball Ball Hockey introduces fundamental concepts of gameplay and teaches the basic skills required to face-off with confidence in a supportive, non-competitive environment. Coaches zero in on skills like passing, shooting, basic positioning, stick handling, and goaltending in fun, exciting skill-focused play and finish off each class with a hockey game.

4-6 YRS

SATURDAYS 10:45 am – 11:40 am	Sept 09 to Oct 28	Course # 2485
	Nov 04 to Dec 16*	Course # 2486
7 WEEKS \$150	Jan 06 to Feb 24	Course # 2487
6 WEEKS* \$128	Mar 09 to Apr 27	Course # 2488
	May 04 to Jun 22	Course # 2489



SPORTBALL INDOOR/ OUTDOOR SOCCER

(PARENTED AND UNPARENTED)

Kickstart your day! Sportball Soccer introduces fundamental concepts of game-play and teaches the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play. Registration includes a \$30 soccer kit with jersey, ball & socks!

18 MOS – 3 YRS + a parent

WEDNESDAYS 5:00 pm – 5:40 pm		
7 WEEKS \$180	May 08 to Jun 19	Course # 2490

3-5 YRS

WEDNESDAYS 5:45 pm – 6:40 pm		
7 WEEKS \$180	May 08 to Jun 19	Course # 2491

ENGINEERING FOR KIDS

Cardel Rec South has partnered with Engineering for Kids (www.engineeringforkids.com) to offer some new and exciting programming for your scientist!

For complete course descriptions, visit www.cardelrec.com

JUNIOR ENGINEERS (HANDS-ON ACTIVITIES)

5-7 YRS

THURSDAYS
4:30 pm – 5:30 pm

6 WEEKS
\$135 Sept 14 to Oct 19 Course # 2492

EV3 ROBOTICS AND PROGRAMMING

8-12 YRS

THURSDAYS
6:00 pm – 7:30 pm

6 WEEKS
\$190 Sept 14 to Oct 19 Course # 2493

JUNIOR ROBOTICS WITH OZOBOTS

5-7 YRS

THURSDAYS
4:30 pm – 5:30 pm

5 WEEKS
\$110 Jan 11 to Feb 08 Course # 2494

MASTER MACHINES (HANDS-ON ENGINEERING)

8-12 YRS

THURSDAYS
6:00 pm – 7:30 pm

5 WEEKS
\$165 Jan 11 to Feb 08 Course # 2495

TEACHER CONVENTION MINI CAMP

8-12 YRS

THURSDAY & FRIDAY
9:00 am – 4:00 pm

COST: \$120

Feb 15 – Game Design and Coding with MakeCode Arcade!	Course # 2496
Feb 16 – VEX Robotics and Programming	Course # 2497

SPRING BREAK CAMP

GAME DESIGN AND CODING WITH MAKECODE

8-12 YRS

(HALF DAYS)
9:00 am – 12:00 pm

COST: \$250 Mar 25 to Mar 29 Course # 2498

VEX IQ ROBOTICS AND PROGRAMMING

8-12 YRS

(HALF DAYS)
1:00 pm – 4:00 pm

COST: \$250 Mar 25 to Mar 29 Course # 2499

GAME DESIGN AND CODING WITH MAKECODE + VEX IQ ROBOTICS AND PROGRAMMING

8-12 YRS

FULL DAYS
9:00 am – 4:00 pm

COST: \$400 Mar 25 to Mar 29 Course # 2500

ADVERTISE
ON OUR
RINKBOARDS

Wall boards and rink boards are starting at \$750/year with an annual renewal June 1. Production costs are not included and are the responsibility of the advertiser.

HOME

LITTLE MEDICAL SCHOOL

We partner with Little Medical School to offer your children an opportunity to be exposed to the medical field. Register your future doctor today!

LITTLE DOCTOR SCHOOL – FUTURE MDS IN TRAINING

4-6 YRS

TUESDAYS
5:30 pm – 6:30 pm

6 WEEKS
\$160 Sept 19 to Oct 24 Course # 2501

LITTLE DOCTOR SCHOOL – FUTURE MDS IN TRAINING

7-12 YRS

TUESDAYS
6:45 pm – 7:45 pm

6 WEEKS
\$160 Sept 19 to Oct 24 Course # 2502

LITTLE VETERINARIAN SCHOOL- INSPIRING DOG VET HEALTH HEROES

4-6 YRS

TUESDAYS
5:30 pm – 6:30 pm

6 WEEKS
\$160 Nov 14 to Dec 19 Course # 2503

LITTLE VETERINARIAN SCHOOL- INSPIRING DOG VET HEALTH HEROES

7-12 YRS

TUESDAYS
6:45 pm – 7:45 pm

6 WEEKS
\$160 Nov 14 to Dec 19 Course # 2504

LITTLE DOCTOR SCHOOL- ASPIRING YOUNG MDS

4-6 YRS

TUESDAYS
5:30 pm – 6:30 pm

6 WEEKS
\$160 Jan 23 to Feb 27 Course # 2505

LITTLE DOCTOR SCHOOL- ASPIRING YOUNG MDS

7-12 YRS

TUESDAYS
6:45 pm – 7:45 pm

6 WEEKS
\$160 Jan 23 to Feb 27 Course # 2506

LITTLE VETERINARIAN SCHOOL- FUTURE CAT VETS

4-6 YRS

TUESDAYS
5:30 pm – 6:30 pm

6 WEEKS
\$160 Mar 19 to April 23 Course # 2507

LITTLE VETERINARIAN SCHOOL- FUTURE CAT VETS

7-12 YRS

TUESDAYS
6:45 pm – 7:45 pm

6 WEEKS
\$160 Mar 19 to April 23 Course # 2508

LITTLE DOCTOR SCHOOL- WILDERNESS MEDICINE

4-6 YRS

TUESDAYS
5:30 pm – 6:30 pm

6 WEEKS
\$160 May 14 to Jun 18 Course # 2509

LITTLE DOCTOR SCHOOL- WILDERNESS MEDICINE

7-12 YRS

TUESDAYS
6:45 pm – 7:45 pm

6 WEEKS
\$160 May 14 to Jun 18 Course # 2510



Adventure awaits.

Take a walk through this distinctive neighbourhood, and you will quickly discover lush trees, contemporary architecture and established city conveniences aptly nestled right alongside one of the largest urban forests in North America.

[HOME](#)



SHAWNEE PARK

BY CARDEL HOMES

2-STOREY -
DOUBLE GARAGE

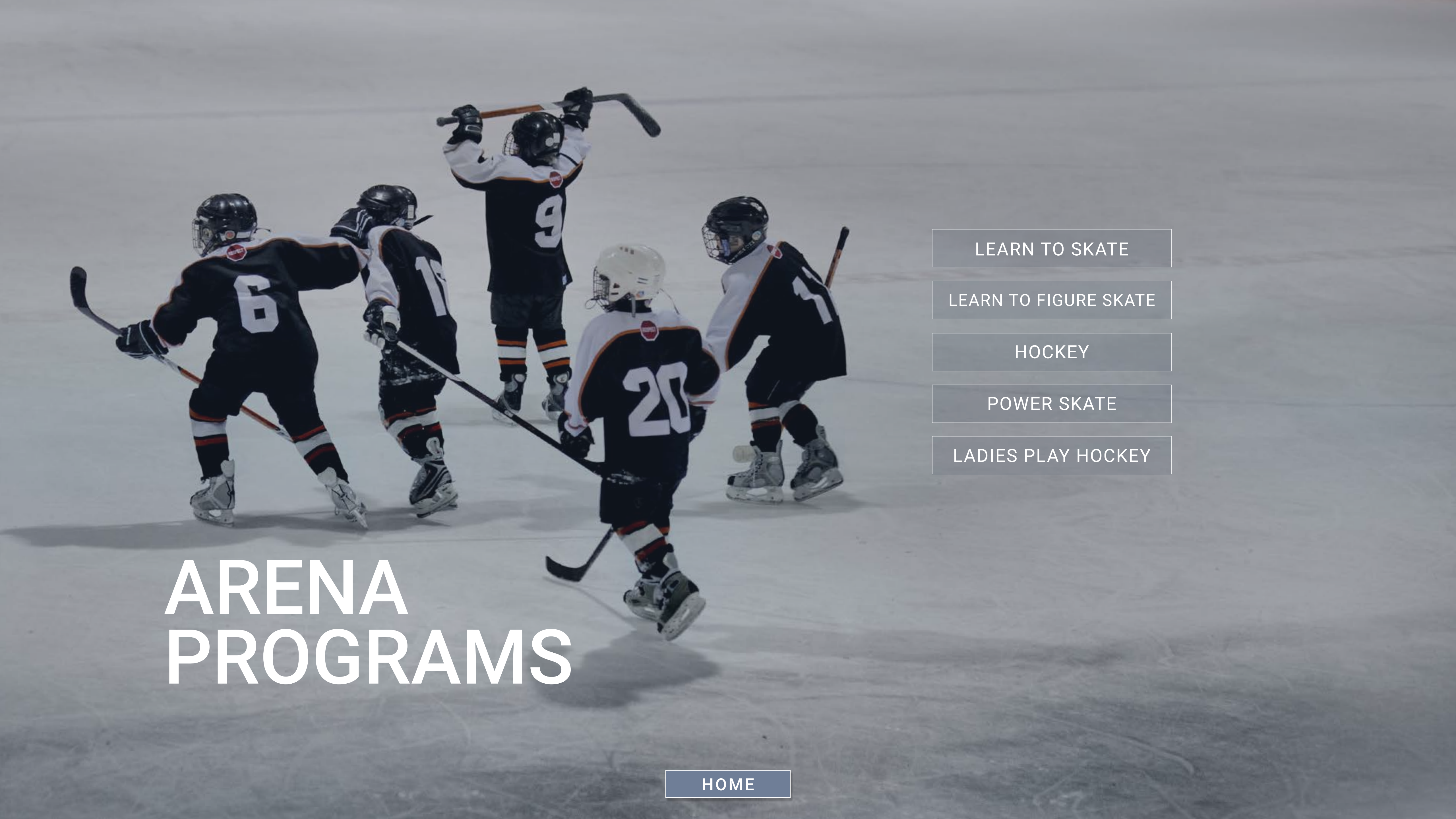
2 STOREY -
TRIPLE GARAGE

BUNGALOWS

TOWNHOMES

[DISCOVER](#)

CARDEL
HOMES



ARENA PROGRAMS

LEARN TO SKATE

LEARN TO FIGURE SKATE

HOCKEY

POWER SKATE

LADIES PLAY HOCKEY

HOME

LEARN TO SKATE

3-5 YRS

MUNCHKIN & ME LEARN TO SKATE

Join your child on the ice for lots of fun, games, and basic skating instruction in a group format. Classes are designed to introduce and help younger skaters learn the basic fundamentals of skating, including the proper technique for falling down and getting up, balance, marching, one-foot scraping (introduction to stopping), gliding and turning on the spot. Our qualified instructors will use a variety of games and teaching tools to make this a fun, safe and educational experience for participants.

NOTE: Mandatory equipment includes: a **CSA approved hockey helmet** (no bicycle helmets), skates, mittens and waterproof pants. A parent/guardian must accompany each child.

TUESDAYS

+ a parent

4:00 pm – 4:30 pm	Sept 12 to Oct 24	Course # 2511
	Nov 07 to Dec 19	Course # 2512
	Jan 09 to Feb 20	Course # 2513
	Mar 05 to Apr 16	Course # 2514
7 WEEKS		
\$60 (residents)		
\$66 (public)		

+ a parent

4:35 pm – 5:05 pm	Sept 12 to Oct 24	Course # 2515
	Nov 07 to Dec 19	Course # 2516
	Jan 09 to Feb 20	Course # 2517
	Mar 05 to Apr 16	Course # 2518
7 WEEKS		
\$60 (residents)		
\$66 (public)		

THURSDAYS

+ a parent

12:00 pm – 12:30 pm	Sept 14 to Oct 26	Course # 2519
	Nov 09 to Dec 21	Course # 2520
	Jan 11 to Feb 22	Course # 2521
	Mar 07 to Apr 18	Course # 2522
7 WEEKS	May 02 to Jun 20*	Course # 2523
\$60 (residents)		
\$66 (public)		
8 WEEKS*		
\$69 (residents)		
\$76 (public)		

+ a parent

12:35 pm – 1:05 pm	Sept 14 to Oct 26	Course # 2524
	Nov 09 to Dec 21	Course # 2525
	Jan 11 to Feb 22	Course # 2526
	Mar 07 to Apr 18	Course # 2527
7 WEEKS	May 02 to Jun 20*	Course # 2528
\$60 (residents)		
\$66 (public)		
8 WEEKS*		
\$69 (residents)		
\$76 (public)		

+ a parent

4:00 pm – 4:30 pm	Sept 14 to Oct 26	Course # 2529
	Nov 09 to Dec 21	Course # 2530
	Jan 11 to Feb 22	Course # 2531
	Mar 07 to Apr 18	Course # 2532
7 WEEKS	May 02 to Jun 20*	Course # 2533
\$60 (residents)		
\$66 (public)		
8 WEEKS*		
\$69 (residents)		
\$76 (public)		

+ a parent

4:35 pm – 5:05 pm	Sept 14 to Oct 26	Course # 2534
	Nov 09 to Dec 21	Course # 2535
	Jan 11 to Feb 22	Course # 2536
	Mar 07 to Apr 18	Course # 2537
7 WEEKS	May 02 to Jun 20*	Course # 2538
\$60 (residents)		
\$66 (public)		
8 WEEKS*		
\$69 (residents)		
\$76 (public)		

SATURDAY

+ a parent

9:00 am – 9:30 am	Sept 09 to Oct 28	Course # 2539
	Nov 04 to Dec 16*	Course # 2540
	Jan 06 to Feb 24	Course # 2541
	Mar 09 to Apr 27	Course # 2542
7 WEEKS	May 04 to Jun 22	Course # 2543
\$60 (residents)		
\$66 (public)		
6 WEEKS*		
\$51 (residents)		
\$57 (public)		

+ a parent

10:25 am – 10:55 am	Sept 09 to Oct 28	Course # 2544
	Nov 04 to Dec 16*	Course # 2545
	Jan 06 to Feb 24	Course # 2546
	Mar 09 to Apr 27	Course # 2547
7 WEEKS	May 04 to Jun 22	Course # 2548
\$60 (residents)		
\$66 (public)		
6 WEEKS*		
\$51 (residents)		
\$57 (public)		



ALPINE PARK OFFERS PREMIUM ARCHITECTURE AND TREE-LINED STREETS.

Slimlane, Court and Vintage Series Character Homes.

CALGARY

ALPINE PARK

CANADA

[HOME](#)

CARDEL HOMES



LEARN TO SKATE

4-7

Level 1

Level 2

Level 3

Level 4

Level 5

8-15

Level 1

Level 2

Level 3

Level 4

Level 5

Adults

These unparented classes will provide basic skating instruction in a group format. Classes are designed to teach and help skaters master the basic fundamentals of skating, including stopping, gliding, backwards skating, turning, as well as the proper technique for falling down and getting up. Our qualified instructors will use a variety of games and teaching tools to make this a fun, safe and educational experience for participants.

NOTE: Mandatory equipment includes: a CSA approved hockey helmet (no bicycle helmets), skates, mittens and waterproof pants.

HOME

LEARN TO SKATE

LEVEL 1

Level 1: No previous skating experience required. Skater is unable to stand and move on their own. To advance to level 2, skater must be able to get up by themselves, march half the width of ice and scrape.

TUESDAYS

4-7 YRS

4:00 pm – 4:30 pm	Sept 12 to Oct 24	Course # 2549
7 WEEKS \$60 (residents) \$66 (public)	Nov 07 to Dec 19	Course # 2550
	Jan 09 to Feb 20	Course # 2551
	Mar 05 to Apr 16	Course # 2552

4-7 YRS

4:35 pm – 5:05 pm	Sept 12 to Oct 24	Course # 2553
7 WEEKS \$60 (residents) \$66 (public)	Nov 07 to Dec 19	Course # 2554
	Jan 09 to Feb 20	Course # 2555
	Mar 05 to Apr 16	Course # 2556

4-7 YRS

5:10 pm – 5:40 pm	Sept 12 to Oct 24	Course # 2557
7 WEEKS \$60 (residents) \$66 (public)	Nov 07 to Dec 19	Course # 2558
	Jan 09 to Feb 20	Course # 2559
	Mar 05 to Apr 16	Course # 2560

4-7 YRS

5:45 pm – 6:15 pm	Sept 12 to Oct 24	Course # 2561
7 WEEKS \$60 (residents) \$66 (public)	Nov 07 to Dec 19	Course # 2562
	Jan 09 to Feb 20	Course # 2563
	Mar 05 to Apr 16	Course # 2564

8-15 YRS

5:10 pm – 5:55 pm	Sept 12 to Oct 24	Course # 2565
7 WEEKS \$83 (residents) \$92 (public)	Nov 07 to Dec 19	Course # 2566
	Jan 09 to Feb 20	Course # 2567
	Mar 05 to Apr 16	Course # 2568

8-15 YRS

6:00 pm – 6:45 pm	Sept 12 to Oct 24	Course # 2569
7 WEEKS \$83 (residents) \$92 (public)	Nov 07 to Dec 19	Course # 2570
	Jan 09 to Feb 20	Course # 2571
	Mar 05 to Apr 16	Course # 2572

THURSDAYS

4-7 YRS 12:00 pm – 12:30 pm

7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2573
	Nov 09 to Dec 21	Course # 2574
	Jan 11 to Feb 22	Course # 2575
*8 WEEKS \$69 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2576
	May 02 to Jun 20*	Course # 2577

4-7 YRS 12:35 pm – 1:05 pm

7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2578
	Nov 09 to Dec 21	Course # 2579
	Jan 11 to Feb 22	Course # 2580
*8 WEEKS \$69 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2581
	May 02 to Jun 20*	Course # 2582

4-7 YRS 4:00 pm – 4:30 pm

7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2583
	Nov 09 to Dec 21	Course # 2584
	Jan 11 to Feb 22	Course # 2585
*8 WEEKS \$69 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2586
	May 02 to Jun 20*	Course # 2587

4-7 YRS 4:35 pm – 5:05 pm

7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2588
	Nov 09 to Dec 21	Course # 2589
	Jan 11 to Feb 22	Course # 2590
*8 WEEKS \$69 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2591
	May 02 to Jun 20*	Course # 2592

8-15 YRS

5:10 pm – 5:55 pm		
7 WEEKS \$83 (residents) \$92 (public)	Sept 14 to Oct 26	Course # 2593
	Nov 09 to Dec 21	Course # 2594
	Jan 11 to Feb 22	Course # 2595
*8 WEEKS \$95 (residents) \$105 (public)	Mar 07 to Apr 18	Course # 2596
	May 02 to Jun 20*	Course # 2597

SATURDAYS

4-7 YRS

9:00 am – 9:30 am		
7 WEEKS \$60 (residents) \$66 (public)	Sept 9 to Oct 28	Course # 2598
	Nov 04 to Dec 16*	Course # 2599
	Jan 06 to Feb 24	Course # 2600
6 WEEKS* \$52 (residents) \$57 (public)	Mar 09 to Apr 27	Course # 2601
	May 04 to Jun 22	Course # 2602

4-7 YRS

10:25 am – 10:55 am		
7 WEEKS \$60 (residents) \$66 (public)	Sept 9 to Oct 28	Course # 2603
	Nov 04 to Dec 16*	Course # 2604
	Jan 06 to Feb 24	Course # 2605
6 WEEKS* \$52 (residents) \$57 (public)	Mar 09 to Apr 27	Course # 2606
	May 04 to Jun 22	Course # 2607

8-15 YRS

9:35 am – 10:20 am		
7 WEEKS \$83 (residents) \$92 (public)	Sept 9 to Oct 28	Course # 2608
	Nov 04 to Dec 16*	Course # 2609
	Jan 06 to Feb 24	Course # 2610
6 WEEKS* \$71 (residents) \$79 (public)	Mar 09 to Apr 27	Course # 2611
	May 04 to Jun 22	Course # 2612

LEARN TO SKATE

LEVEL 2

Level 2: Skaters will learn how to perform push/ glide sequences, stopping and be introduced to backwards skating.

TUESDAYS

4-7 YRS

4:00 pm – 4:30 pm	Sept 12 to Oct 24	Course # 2613
	Nov 07 to Dec 19	Course # 2614
7 WEEKS \$60 (residents) \$66 (public)	Jan 09 to Feb 20	Course # 2615
	Mar 05 to Apr 16	Course # 2616

4-7 YRS

4:35 pm – 5:05 pm	Sept 12 to Oct 24	Course # 2617
	Nov 07 to Dec 19	Course # 2618
7 WEEKS \$60 (residents) \$66 (public)	Jan 09 to Feb 20	Course # 2619
	Mar 05 to Apr 16	Course # 2620

4-7 YRS

5:10 pm – 5:40 pm	Sept 12 to Oct 24	Course # 2621
	Nov 07 to Dec 19	Course # 2622
7 WEEKS \$60 (residents) \$66 (public)	Jan 09 to Feb 20	Course # 2623
	Mar 05 to Apr 16	Course # 2624

4-7 YRS

5:45 pm – 6:15 pm	Sept 12 to Oct 24	Course # 2625
	Nov 07 to Dec 19	Course # 2626
7 WEEKS \$60 (residents) \$66 (public)	Jan 09 to Feb 20	Course # 2627
	Mar 05 to Apr 16	Course # 2628

8-15 YRS

5:10 pm – 5:55 pm	Sept 12 to Oct 24	Course # 2629
	Nov 07 to Dec 19	Course # 2630
7 WEEKS \$83 (residents) \$92 (public)	Jan 09 to Feb 20	Course # 2631
	Mar 05 to Apr 16	Course # 2632

8-15 YRS

6:00 pm – 6:45 pm	Sept 12 to Oct 24	Course # 2633
	Nov 07 to Dec 19	Course # 2634
7 WEEKS \$83 (residents) \$92 (public)	Jan 09 to Feb 20	Course # 2635
	Mar 05 to Apr 16	Course # 2636

THURSDAYS

4-7 YRS

12:00 pm – 12:30 pm		
7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2637
	Nov 09 to Dec 21	Course # 2638
	Jan 11 to Feb 22	Course # 2639
8 WEEKS* \$67 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2640
	May 02 to Jun 20*	Course # 2641

4-7 YRS

12:35 pm – 1:05 pm		
7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2642
	Nov 09 to Dec 21	Course # 2643
	Jan 11 to Feb 22	Course # 2644
8 WEEKS* \$67 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2645
	May 02 to Jun 20*	Course # 2646

4-7 YRS

4:00 pm – 4:30 pm		
7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2647
	Nov 09 to Dec 21	Course # 2648
	Jan 11 to Feb 22	Course # 2649
8 WEEKS* \$67 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2650
	May 02 to Jun 20*	Course # 2651

4-7 YRS

4:35 pm – 5:05 pm		
7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2652
	Nov 09 to Dec 21	Course # 2653
	Jan 11 to Feb 22	Course # 2654
8 WEEKS* \$67 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2655
	May 02 to Jun 20*	Course # 2656

4-7 YRS

5:10 pm – 5:40 pm		
7 WEEKS \$60 (residents) \$66 (public)	Sept 14 to Oct 26	Course # 2657
	Nov 09 to Dec 21	Course # 2658
	Jan 11 to Feb 22	Course # 2659
8 WEEKS* \$67 (residents) \$76 (public)	Mar 07 to Apr 18	Course # 2660
	May 02 to Jun 20*	Course # 2661

8-15 YRS

5:10 pm – 5:55 pm		
7 WEEKS \$83 (residents) \$92 (public)	Sept 14 to Oct 26	Course # 2662
	Nov 09 to Dec 21	Course # 2663
	Jan 11 to Feb 22	Course # 2664
8 WEEKS* \$95 (residents) \$105 (public)	Mar 07 to Apr 18	Course # 2665
	May 02 to Jun 20*	Course # 2666

8-15 YRS

6:00 pm – 6:45 pm	Sept 14 to Oct 26	Course # 2667
	Nov 09 to Dec 21	Course # 2668
7 WEEKS \$83 (residents) \$92 (public)	Jan 11 to Feb 22	Course # 2669
	Mar 07 to Apr 18	Course # 2670

LEARN TO SKATE

LEVEL 2

Level 2: Skaters will learn how to perform push/ glide sequences, stopping and be introduced to backwards skating.

SATURDAYS

4-7 YRS

9:00 am – 9:30 am

7 WEEKS

\$60 (residents)
\$66 (public)

6 WEEKS*

\$52 (residents)
\$57 (public)

Sept 09 to Oct 28	Course # 2671
Nov 04 to Dec 16*	Course # 2672
Jan 06 to Feb 24	Course # 2673
Mar 09 to Apr 27	Course # 2674
May 04 to Jun 22	Course # 2675

4-7 YRS

10:25 am – 10:55 am

7 WEEKS

\$60 (residents)
\$66 (public)

6 WEEKS*

\$52 (residents)
\$57 (public)

Sept 09 to Oct 28	Course # 2676
Nov 04 to Dec 16*	Course # 2677
Jan 06 to Feb 24	Course # 2678
Mar 09 to Apr 27	Course # 2679
May 04 to Jun 22	Course # 2680

8-15 YRS

9:35 am – 10:20 am

7 WEEKS

\$83 (residents)
\$92 (public)

6 WEEKS*

\$71 (residents)
\$79 (public)

Sept 09 to Oct 28	Course # 2681
Nov 04 to Dec 16*	Course # 2682
Jan 06 to Feb 24	Course # 2683
Mar 09 to Apr 27	Course # 2684
May 04 to Jun 22	Course # 2685

8-15 YRS

11:00 am – 11:45 am

7 WEEKS

\$83 (residents)
\$92 (public)

6 WEEKS*

\$71 (residents)
\$79 (public)

Sept 09 to Oct 28	Course # 2686
Nov 04 to Dec 16*	Course # 2687
Jan 06 to Feb 24	Course # 2688
Mar 09 to Apr 27	Course # 2689
May 04 to Jun 22	Course # 2690

LEARN TO SKATE

LEVEL 3

Level 3: Skills include backwards c-pushes, double sculling, one-foot glides and more.

TUESDAYS

4-7 YRS

4:00 pm – 4:30 pm

7 WEEKS
\$60 (residents)
\$66 (public)

Sept 12 to Oct 24	Course # 2691
Nov 07 to Dec 19	Course # 2692
Jan 09 to Feb 20	Course # 2693
Mar 05 to Apr 16	Course # 2694

4-7 YRS

4:35 pm – 5:05 pm

7 WEEKS
\$60 (residents)
\$66 (public)

Sept 12 to Oct 24	Course # 2695
Nov 07 to Dec 19	Course # 2696
Jan 09 to Feb 20	Course # 2697
Mar 05 to Apr 16	Course # 2698

4-7 YRS

5:10 pm – 5:40 pm

7 WEEKS
\$60 (residents)
\$66 (public)

Sept 12 to Oct 24	Course # 2699
Nov 07 to Dec 19	Course # 2700
Jan 09 to Feb 20	Course # 2701
Mar 05 to Apr 16	Course # 2702

8-15 YRS

5:10 pm – 5:55 pm

7 WEEKS
\$83 (residents)
\$92 (public)

Sept 12 to Oct 24	Course # 2703
Nov 07 to Dec 19	Course # 2704
Jan 09 to Feb 20	Course # 2705
Mar 05 to Apr 16	Course # 2706

THURSDAYS

4-7 YRS

12:00 pm – 12:30 pm

7 WEEKS
\$60 (residents)
\$66 (public)

Sept 14 to Oct 26	Course # 2707
Nov 09 to Dec 21	Course # 2708
Jan 11 to Feb 22	Course # 2709
Mar 07 to Apr 18	Course # 2710

4-7 YRS

12:35 pm – 1:05 pm

7 WEEKS
\$60 (residents)
\$66 (public)

Sept 14 to Oct 26	Course # 2711
Nov 09 to Dec 21	Course # 2712
Jan 11 to Feb 22	Course # 2713
Mar 07 to Apr 18	Course # 2714

4-7 YRS

4:00 pm – 4:30 pm

7 WEEKS
\$60 (residents)
\$66 (public)

8 WEEKS*
\$69 (residents)
\$76 (public)

Sept 14 to Oct 26	Course # 2715
Nov 09 to Dec 21	Course # 2716
Jan 11 to Feb 22	Course # 2717
Mar 07 to Apr 18	Course # 2718
May 02 to Jun 20*	Course # 2719

4-7 YRS

4:35 pm – 5:05 pm

7 WEEKS
\$60 (residents)
\$66 (public)

8 WEEKS*
\$69 (residents)
\$76 (public)

Sept 14 to Oct 26	Course # 2720
Nov 09 to Dec 21	Course # 2721
Jan 11 to Feb 22	Course # 2722
Mar 07 to Apr 18	Course # 2723
May 02 to Jun 20*	Course # 2724

8-15 YRS

5:10 pm – 5:55 pm

7 WEEKS
\$83 (residents)
\$92 (public)

8 WEEKS*
\$95 (residents)
\$105 (public)

Sept 14 to Oct 26	Course # 2725
Nov 09 to Dec 21	Course # 2726
Jan 11 to Feb 22	Course # 2727
Mar 07 to Apr 18	Course # 2728
May 02 to Jun 20*	Course # 2729

8-15 YRS

6:00 pm – 6:45 pm

7 WEEKS
\$83 (residents)
\$92 (public)

Sept 14 to Oct 26	Course # 2730
Nov 09 to Dec 21	Course # 2731
Jan 11 to Feb 22	Course # 2732
Mar 07 to Apr 18	Course # 2733

LEARN TO SKATE

LEVEL 3

Level 3: Skills include backwards c-pushes, double sculling, one-foot glides and more.

SATURDAYS

4-7 YRS

9:00 am – 9:30 am

7 WEEKS \$60 (residents) \$66 (public)	Sept 09 to Oct 28	Course # 2734
	Nov 04 to Dec 16*	Course # 2735
	Jan 06 to Feb 24	Course # 2736
6 WEEKS* \$52 (residents) \$57 (public)	Mar 09 to Apr 27	Course # 2737
	May 04 to Jun 22	Course # 2738

4-7 YRS

10:25 am – 10:55 am

7 WEEKS \$60 (residents) \$66 (public)	Sept 09 to Oct 28	Course # 2739
	Nov 04 to Dec 16*	Course # 2740
	Jan 06 to Feb 24	Course # 2741
6 WEEKS* \$52 (residents) \$57 (public)	Mar 09 to Apr 27	Course # 2742
	May 04 to Jun 22	Course # 2743

8-15 YRS

9:35 am – 10:20 am

7 WEEKS \$83 (residents) \$92 (public)	Sept 09 to Oct 28	Course # 2744
	Nov 04 to Dec 16*	Course # 2745
	Jan 06 to Feb 24	Course # 2746
6 WEEKS* \$71 (residents) \$79 (public)	Mar 09 to Apr 27	Course # 2747
	May 04 to Jun 22	Course # 2748

8-15 YRS

11:00 am – 11:45 am

7 WEEKS \$83 (residents) \$92 (public)	Sept 09 to Oct 28	Course # 2749
	Nov 04 to Dec 16*	Course # 2750
	Jan 06 to Feb 24	Course # 2751
6 WEEKS* \$71 (residents) \$79 (public)	Mar 09 to Apr 27	Course # 2752
	May 04 to Jun 22	Course # 2753

LEARN TO SKATE

LEVEL 4

Level 4: Skills include forward crosscuts, more difficult turning and jumping.



THURSDAYS

8-15 YRS

6:00 pm – 6:45 pm	Sept 14 to Oct 26	Course # 2754
	Nov 09 to Dec 121	Course # 2755
	Jan 11 to Feb 22	Course # 2756
7 WEEKS	Mar 07 to Apr 18	Course # 2757
\$83 (residents)		
\$92 (public)		

SATURDAYS

4-7 YRS

10:25 am – 10:55 am	Sept 09 to Oct 28	Course # 2758
	Nov 04 to Dec 16*	Course # 2759
	Jan 06 to Feb 24	Course # 2760
6 WEEKS*	Mar 09 to Apr 27	Course # 2761
\$52 (residents)	May 04 to Jun 22	Course # 2762
\$57 (public)		

8-15 YRS

9:35 am – 10:20 am	Sept 09 to Oct 28	Course # 2763
	Nov 04 to Dec 16*	Course # 2764
	Jan 06 to Feb 24	Course # 2765
6 WEEKS*	Mar 09 to Apr 27	Course # 2766
\$71 (residents)	May 04 to Jun 22	Course # 2767
\$79 (public)		

8-15 YRS

11:00 am – 11:45 am	Sept 09 to Oct 28	Course # 2768
	Nov 04 to Dec 16*	Course # 2769
	Jan 06 to Feb 24	Course # 2770
6 WEEKS*	Mar 09 to Apr 27	Course # 2771
\$71 (residents)	May 04 to Jun 22	Course # 2772
\$79 (public)		



LEARN TO SKATE

LEVEL 5

Level 5: Skills include backward crosscuts, backward edges and turning.

ADULT



TUESDAYS

16+ YRS

6:00 pm – 6:45 pm

7 WEEKS
\$83 (residents)
\$92 (public)

Sept 12 to Oct 24	Course # 2778
Nov 07 to Dec 19	Course # 2779
Jan 09 to Feb 20	Course # 2780
Mar 05 to Apr 16	Course # 2781

THURSDAYS

16+ YRS

6:00 pm – 6:45 pm
5:10 pm – 5:55 pm**
(Spring session only)

7 WEEKS
\$83 (residents)
\$92 (public)

8 WEEKS*
\$95 (residents)
\$105 (public)

Sept 14 to Oct 26	Course # 2782
Nov 09 to Dec 21	Course # 2783
Jan 11 to Feb 22	Course # 2784
Mar 07 to Apr 18	Course # 2785
May 02 to Jun 22*	Course # 2786**

SATURDAYS

6-15 YRS

11:00 am – 11:45 am

7 WEEKS \$83 (residents) \$92 (public)	Sept 09 to Oct 28	Course # 2773
	Nov 04 to Dec 16*	Course # 2774
6 WEEKS* \$71 (residents) \$79 (public)	Jan 06 to Feb 24	Course # 2775
	Mar 09 to Apr 27	Course # 2776
	May 04 to Jun 22	Course # 2777

SATURDAYS

16+ YRS

11:00 am – 11:45 pm

7 WEEKS \$83 (residents) \$92 (public)	Sept 09 to Oct 28	Course # 2787
	Nov 04 to Dec 16*	Course # 2788
	Jan 06 to Feb 24	Course # 2789
6 WEEKS* \$71 (residents) \$79 (public)	Mar 09 to Apr 27	Course # 2790
	May 04 to Jun 22*	Course # 2791

LEARN TO SKATE

FIGURE SKATE

Skaters will learn proper skating technique, turns, spins, jumps, etc. Each skater will learn at their own pace in a fun, safe environment. Please wear comfortable clothing you can stretch in.

Note: Participants must be able to skate forwards and backwards and stop comfortably. Gliding on one foot is also an asset. Figure skates with a toe pick and a hockey helmet are mandatory. Prerequisite for this course is to have passed level 3 or equivalent.

INTRODUCTORY HOCKEY

This is a non-competitive introduction to hockey. Each 45 minute class will include a warm up plus skill development using drills and games. Participants will be introduced to scrimmages in a non-competitive environment. Previous skating experience is mandatory; participants should be comfortable skating forwards, backwards and stopping. Both boys and girls are welcome. Full equipment is mandatory: CSA approved helmet with a full cage, mouth guard, neck guard, shoulder pads, elbow pads, shin pads, hockey pants, gloves, jersey, socks, pelvic protection, hockey stick and skates.

TUESDAYS

6-15 YRS

6:00 pm – 6:45 pm									
7 WEEKS \$83 (residents) \$92 (public)	<table><tr><td>Sept 12 to Oct 24</td><td>Course # 2792</td></tr><tr><td>Nov 07 to Dec 19</td><td>Course # 2793</td></tr><tr><td>Jan 09 to Feb 20</td><td>Course # 2794</td></tr><tr><td>Mar 05 to Apr 16</td><td>Course # 2795</td></tr></table>	Sept 12 to Oct 24	Course # 2792	Nov 07 to Dec 19	Course # 2793	Jan 09 to Feb 20	Course # 2794	Mar 05 to Apr 16	Course # 2795
Sept 12 to Oct 24	Course # 2792								
Nov 07 to Dec 19	Course # 2793								
Jan 09 to Feb 20	Course # 2794								
Mar 05 to Apr 16	Course # 2795								

THURSDAYS

6-15 YRS

6:00 pm – 6:45 pm 5:10 pm – 5:55 pm** (spring session only)											
7 WEEKS \$83 (residents) \$92 (public)	<table><tr><td>Sept 14 to Oct 26</td><td>Course # 2796</td></tr><tr><td>Nov 09 to Dec 21</td><td>Course # 2797</td></tr><tr><td>Jan 11 to Feb 22</td><td>Course # 2798</td></tr><tr><td>Mar 07 to Apr 18</td><td>Course # 2799</td></tr><tr><td>May 02 to Jun 20*</td><td>Course # 2800**</td></tr></table>	Sept 14 to Oct 26	Course # 2796	Nov 09 to Dec 21	Course # 2797	Jan 11 to Feb 22	Course # 2798	Mar 07 to Apr 18	Course # 2799	May 02 to Jun 20*	Course # 2800**
Sept 14 to Oct 26	Course # 2796										
Nov 09 to Dec 21	Course # 2797										
Jan 11 to Feb 22	Course # 2798										
Mar 07 to Apr 18	Course # 2799										
May 02 to Jun 20*	Course # 2800**										
8 WEEKS* \$95 (residents) \$105 (public)											

SATURDAYS

6-15 YRS

11:00 am – 11:45 am											
7 WEEKS \$83 (residents) \$92 (public)	<table><tr><td>Sept 09 to Oct 28</td><td>Course # 2801</td></tr><tr><td>Nov 04 to Dec 16*</td><td>Course # 2802</td></tr><tr><td>Jan 06 to Feb 24</td><td>Course # 2803</td></tr><tr><td>Mar 09 to Apr 27</td><td>Course # 2804</td></tr><tr><td>May 04 to Jun 22</td><td>Course # 2805</td></tr></table>	Sept 09 to Oct 28	Course # 2801	Nov 04 to Dec 16*	Course # 2802	Jan 06 to Feb 24	Course # 2803	Mar 09 to Apr 27	Course # 2804	May 04 to Jun 22	Course # 2805
Sept 09 to Oct 28	Course # 2801										
Nov 04 to Dec 16*	Course # 2802										
Jan 06 to Feb 24	Course # 2803										
Mar 09 to Apr 27	Course # 2804										
May 04 to Jun 22	Course # 2805										
6 WEEKS* \$71 (residents) \$79 (public)											

WEDNESDAYS

4-5 YRS

4:00 pm – 4:45 pm									
7 WEEKS \$90 (residents) \$100 (public)	<table><tr><td>Sept 13 to Oct 25</td><td>Course # 2806</td></tr><tr><td>Nov 08 to Dec 20</td><td>Course # 2807</td></tr><tr><td>Jan 10 to Feb 21</td><td>Course # 2808</td></tr><tr><td>Mar 06 to Apr 17</td><td>Course # 2809</td></tr></table>	Sept 13 to Oct 25	Course # 2806	Nov 08 to Dec 20	Course # 2807	Jan 10 to Feb 21	Course # 2808	Mar 06 to Apr 17	Course # 2809
Sept 13 to Oct 25	Course # 2806								
Nov 08 to Dec 20	Course # 2807								
Jan 10 to Feb 21	Course # 2808								
Mar 06 to Apr 17	Course # 2809								

THURSDAYS

4-5 YRS

1:15 pm – 2:00 pm											
7 WEEKS \$90 (residents) \$100 (public)	<table><tr><td>Sept 14 to Oct 26</td><td>Course # 2810</td></tr><tr><td>Nov 09 to Dec 21</td><td>Course # 2811</td></tr><tr><td>Jan 11 to Feb 22</td><td>Course # 2812</td></tr><tr><td>Mar 07 to Apr 18</td><td>Course # 2813</td></tr><tr><td>May 02 to Jun 20*</td><td>Course # 2814</td></tr></table>	Sept 14 to Oct 26	Course # 2810	Nov 09 to Dec 21	Course # 2811	Jan 11 to Feb 22	Course # 2812	Mar 07 to Apr 18	Course # 2813	May 02 to Jun 20*	Course # 2814
Sept 14 to Oct 26	Course # 2810										
Nov 09 to Dec 21	Course # 2811										
Jan 11 to Feb 22	Course # 2812										
Mar 07 to Apr 18	Course # 2813										
May 02 to Jun 20*	Course # 2814										
8 WEEKS* \$103 (residents) \$114 (public)											

SATURDAYS

4-5 YRS

9:15 am –10:00 am 11:50 – 12:35pm** (spring session only)											
7 WEEKS \$90 (residents) \$100 (public)	<table><tr><td>Sept 09 to Oct 28</td><td>Course # 2815</td></tr><tr><td>Nov 04 to Dec 16*</td><td>Course # 2816</td></tr><tr><td>Jan 06 to Feb 24</td><td>Course # 2817</td></tr><tr><td>Mar 09 to Apr 27</td><td>Course # 2818</td></tr><tr><td>May 04 to Jun 22</td><td>Course # 2819**</td></tr></table>	Sept 09 to Oct 28	Course # 2815	Nov 04 to Dec 16*	Course # 2816	Jan 06 to Feb 24	Course # 2817	Mar 09 to Apr 27	Course # 2818	May 04 to Jun 22	Course # 2819**
Sept 09 to Oct 28	Course # 2815										
Nov 04 to Dec 16*	Course # 2816										
Jan 06 to Feb 24	Course # 2817										
Mar 09 to Apr 27	Course # 2818										
May 04 to Jun 22	Course # 2819**										
6 WEEKS* \$77 (residents) \$86 (public)											

LEARN TO SKATE

RECREATIONAL
HOCKEY

This non-competitive program is a fun alternative to Minor Hockey. No previous hockey experience is necessary. Each 55-minute class will involve a warm up, skill development using drills and games, as well as a scrimmage, all occurring in a non-competitive environment. Participants will be split into groups on ice based upon ability levels.

Note: Previous skating experience is required; participants should be comfortable skating forwards, backwards, as well as turning and stopping. Both girls and boys are welcome. Full equipment is mandatory: CSA approved helmet with a full cage, mouth guard, neck guard, shoulder pads, elbow pads, shin pads, hockey pants, gloves, jersey, socks, pelvic protection, hockey stick and skates.



TUESDAYS

5-7 YRS

4:00 pm – 4:55 pm	Sept 12 to Oct 24	Course # 2820
	Nov 07 to Dec 19	Course # 2821
	Jan 09 to Feb 20	Course # 2822
	Mar 05 to Apr 16	Course # 2823

8-12 YRS

5:00 pm – 5:55 pm	Sept 12 to Oct 24	Course # 2824
	Nov 07 to Dec 19	Course # 2825
	Jan 09 to Feb 20	Course # 2826
	Mar 05 to Apr 16	Course # 2827

WEDNESDAYS

5-7 YRS

4:50 pm – 5:45 pm	Sept 13 to Oct 25	Course # 2828
	Nov 08 to Dec 20	Course # 2829
	Jan 10 to Feb 21	Course # 2830
	Mar 06 to Apr 17	Course # 2831

THURSDAYS

6:00 pm – 6:55 pm	May 02 to Jun 20	Course # 2832
**Spring session ONLY	**Different date and time Spring ONLY	

8-12 YRS

5:50 pm – 6:45 pm	Sept 13 to Oct 25	Course # 2833
	Nov 08 to Dec 20	Course # 2834
	Jan 10 to Feb 21	Course # 2835
	Mar 06 to Apr 17	Course # 2836

THURSDAYS

7:00 pm – 7:55 pm**	May 02 to Jun 22	Course # 2837
(spring session only)	**Different date and time Spring ONLY	

SUNDAYS

5-7 YRS

12:00 pm –12:55 pm		
	Sept 10 to Oct 29	Course # 2838
	Nov 05 to Dec 17*	Course # 2839
	Jan 07 to Feb 25	Course # 2840
6 WEEKS \$110 (residents) \$120 (public)	Sept 10 to Oct 29	Course # 2838
	Nov 05 to Dec 17*	Course # 2839
	Jan 07 to Feb 25	Course # 2840
	Mar 10 to Apr 28	Course # 2841

8-12 YRS

1:00 pm –1:55 pm		
	Sept 10 to Oct 29	Course # 2842
	Nov 05 to Dec 17*	Course # 2843
	Jan 07 to Feb 25	Course # 2844
6 WEEKS \$94 (residents) \$103 (public)	Sept 10 to Oct 29	Course # 2842
	Nov 05 to Dec 17*	Course # 2843
	Jan 07 to Feb 25	Course # 2844
	Mar 10 to Apr 28	Course # 2845

LEARN TO SKATE

POWER SKATING

A sure-fire way to improve your skating skills for your hockey/ringette season! Our power skating program focuses on skating skills, techniques & conditioning drills. Boys and girls are welcome! This is NOT a learn to skate course.

NOTE: Participants must be able to skate forward the entire length of the ice using alternating strides and be able to stop on command without falling or using the boards. Full equipment is mandatory: CSA-approved helmet with a full cage, mouth guard, neck guard, shoulder pads, elbow pads, shin pads, hockey pants, gloves, jersey, socks, pelvic protection, hockey stick and skates. A parent/guardian must accompany each child.

LADIES PLAY HOCKEY!

Have you always wanted to play hockey but don't know where to begin?? We have the program for you!! Come join our qualified instructors as they lead you through hockey-related skills and drills such as balance, developing your stride, stopping and puck handling in a fun, safe and encouraging environment. Our program is designed for women that already know how to skate but haven't skated in a hockey setting.

Full gear is required: CSA-approved helmet, shoulder pads, elbow pads, hockey pants, shin pads, jersey, socks, gloves, skates and a stick.

THURSDAYS

5-7 YRS

4:00 pm – 4:45 pm	Sept 14 to Oct 26	Course # 2846
	Nov 09 to Dec 21	Course # 2847
7 WEEKS \$87 (residents) \$95 (public)	Jan 11 to Feb 22	Course # 2848
	Mar 07 to Apr 18	Course # 2849

8-12 YRS

4:45 pm – 5:30 pm	Sept 14 to Oct 26	Course # 2850
	Nov 09 to Dec 21	Course # 2851
7 WEEKS \$87 (residents) \$95 (public)	Jan 11 to Feb 22	Course # 2852
	Mar 07 to Apr 18	Course # 2853

SATURDAYS

5-7 YRS

10:00 am –10:45 am		
7 WEEKS \$87 (residents) \$95 (public)	Sept 09 to Oct 28	Course # 2854
	Nov 04 to Dec 16*	Course # 2855
6 WEEKS \$75 (residents) \$82 (public)	Jan 06 to Feb 24	Course # 2856
	Mar 09 to Apr 27	Course # 2857

8-12 YRS

10:00 am –10:45 am		
7 WEEKS \$87 (residents) \$95 (public)	Sept 09 to Oct 28	Course # 2858
	Nov 04 to Dec 16*	Course # 2859
6 WEEKS* \$75 (residents) \$82 (public)	Jan 06 to Feb 24	Course # 2860
	Mar 09 to Apr 27	Course # 2861

SATURDAYS

16+ YRS

10:50 pm –12:00 pm		
7 WEEKS \$125 (residents) \$138 (public)	Sept 09 to Oct 28	Course # 2862
	Nov 04 to Dec 16*	Course # 2863
6 WEEKS* \$107 (residents) \$118 (public)	Jan 06 to Feb 24	Course # 2864
	Mar 09 to Apr 27	Course # 2865



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HOME



HOME SCHOOL PROGRAMS

ART

CREATIVE WRITING

SCIENCE

SPORTS SUPERSTARS

BASKETBALL

HOME



HOME SCHOOL ART

This program introduces participants to the principles of art and gives the opportunity to explore a variety of art mediums. Topics include drawing, colour theory, printmaking, painting, clay and more! Children will receive basic instruction with the opportunity to explore at their own pace in a fun and creative environment. All supplies are included. Dress to get messy!

TUESDAYS

6-9 YRS

1:00 pm – 2:15 pm

7 WEEKS \$100 (residents) \$110 (public)	Sept 12 to Oct 24	Course # 2866
	Nov 07 to Dec 19	Course # 2867
8 WEEKS* \$114 (residents) \$126 (public)	Jan 09 to Feb 20	Course # 2868
	Mar 05 to Apr 16	Course # 2869
	Apr 30 to Jun 18*	Course # 2870

10-15 YRS

2:30 pm – 3:45 pm

7 WEEKS \$100 (residents) \$110 (public)	Sept 12 to Oct 24	Course # 2871
	Nov 07 to Dec 19	Course # 2872
8 WEEKS* \$114 (residents) \$126 (public)	Jan 09 to Feb 20	Course # 2873
	Mar 05 to Apr 16	Course # 2874
	Apr 30 to Jun 18*	Course # 2875

HOME SCHOOL CREATIVE WRITING

Participants will be coached through the writing process in a fun, safe and encouraging environment. The students will work on developing their own voice and strengthening their writing skills. This fun and engaging class will focus on individual student interests and developmental levels. Styles of writing that might be explored include poetry, songs, short stories, comics, advertisements, articles and more. Fun and engaging activities will help the students learn about the writing process and guide them to brainstorm, pick an idea, develop structure, make their voice heard, expand their vocabulary, choose appropriate words and revise and edit their work. Music, Art, Drama and Literature will be infused to help spark their amazing imaginations. The students will work towards producing a good copy of their favourite piece of writing, along with framed artwork, so they may take it home and hang it up proudly.

TUESDAYS

6-9 YRS

10:30 am – 11:50 am

7 WEEKS \$100 (residents) \$110 (public)	Nov 07 to Dec 19	Course # 2876
	Mar 05 to April 16	Course # 2877

10-15 YRS

9:00 am – 10:20 am

7 WEEKS \$100 (residents) \$110 (public)	Nov 07 to Dec 19	Course # 2878
	Mar 05 to April 16	Course # 2879

HOME SCHOOL SCIENCE

Enrich your child's learning experiences through hands-on science activities. Each class will explore one scientific topic and include theory, question/answer discussion, experimentation, and “proofing”. Each session is tailored to the age group. Experimenting topics may include engineering challenges, anatomy, aerodynamics and more! Don't be concerned if you have taken Science before, topics change with each session.

THURSDAYS

6-9 YRS

9:00 am – 10:20 am

8 WEEKS \$120 (residents) \$132 (public)	Sept 14 to Nov 02	Course # 2880
	Jan 11 to Mar 02	Course # 2881

10-15 YRS

10:30 am – 11:50 am

8 WEEKS \$120 (residents) \$132 (public)	Sept 14 to Nov 02	Course # 2882
	Jan 11 to Mar 02	Course # 2883

HOME SCHOOL SPORTS SUPERSTARS

Join us in the gym as we participate in a variety of different team sports and games. Students will learn rules and basic skill instruction in sports such as floor hockey, basketball, soccer, badminton and more. This active course includes drills and scrimmages, so students should come dressed in running shoes and comfortable clothing. Emphasis is placed upon trying your best and sportsman-like behaviour.

TUESDAYS

6-9 YRS

9:00 am – 10:20 am

7 WEEKS \$100 (residents) \$110 (public)	Sept 12 to Oct 24	Course # 2884
	Nov 07 to Dec 19	Course # 2885
	Jan 09 to Feb 20	Course # 2886
8 WEEKS* \$114 (residents) \$126 (public)	Mar 05 to Apr 16	Course # 2887
	May 30 to Jun 18*	Course # 2888

10-15 YRS

10:30 am – 11:50 am

7 WEEKS \$100 (residents) \$110 (public)	Sept 12 to Oct 24	Course # 2889
	Nov 07 to Dec 19	Course # 2890
	Jan 09 to Feb 20	Course # 2891
8 WEEKS* \$114 (residents) \$126 (public)	Mar 05 to Apr 16	Course # 2892
	May 30 to Jun 18*	Course # 2893

HOME SCHOOL BASKETBALL

Home School Basketball introduces fundamental concepts of gameplay and teaches the basic skills required to hit the court with confidence in a supportive, non-competitive environment! Practice your dribbling, passing, catching, shooting and defensive skills in fun, exciting, skill-focused play!

WEDNESDAYS

8-12 YRS

1:00 pm – 2:00 pm

7 WEEKS \$100 (residents) \$110 (public)	Sept 13 to Oct 25	Course # 2894
	Nov 08 to Dec 20	Course # 2895
	Jan 10 to Feb 21	Course # 2896
8 WEEKS* \$114 (residents) \$126 (public)	Mar 06 to Apr 17	Course # 2897
	May 01 to Jun 19*	Course # 2898



OPENING SUMMER 2023

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HOME